

# EMERGENCY RESOURCES – 24 HOURS A DAY / 7 DAYS A WEEK

## LOCAL CRISIS LINES

**Behavioral Health Crisis Line**  
530-265-5811  
888-801-1437 (Truckee)

**Community Beyond Violence (CBV)**  
530-272-3467

**KARE Crisis Nursery**  
Respite for parents with children  
0-6 years of age  
530-265-6520

## REGIONAL CRISIS LINES

**California Poison Control Center**  
800-222-1222

**California Youth Crisis Line**  
800-843-5200

## NATIONAL CRISIS LINES

**National Suicide Prevention Lifeline**  
1-800-273-8255/1-800-273-TALK  
1-888-628-9454 (SPANISH)

**Crisis Text Line**  
Text START to 741-741

**Friendship Line for Seniors**  
800-971-0016

## SUICIDE PREVENTION & SUPPORT

**LGBTQ Youth Suicide Hotline**  
**Trevor Project Life Line**  
866-488-7386

**National Suicide Lifeline**  
800-273-8255  
800-799-4889 TDD

## VETERAN'S CRISIS

**Military Crisis Line**  
800-273-8255, Vets press #1  
Text 838255

**Sexual Assault Support**  
877-995-5247  
Text zip code to 55-247

## LOCAL HELP LINES

**211 Connecting Point 24/7**  
Information and Assistance  
211  
844-319-4119 – out of area

**Nevada County Adult Protective Services 24/7**  
530-265-1217  
888-339-7248

**Nevada County Child Protective Services 24/7**  
530-273-4291  
888-456-9380

**Nevada County Child Support Services**  
866-901-3212

**Senior Assistance Line**  
211  
844-319-4119 – out of area

## REGIONAL HELP LINES

**California HIV/AIDS Hotline**  
800-367-2437  
888-225-2437 TTY

**California Missing Persons Hotline 24/7**  
800-222-3463

**California Smokers Helpline**  
800-662-8887

**Dating Abuse 24/7**  
866-331-9474  
866-331-8453 TTD  
Text loveis to 22522

**Tobacco Snuff or Chew Helpline**  
800-844-2439

## NATIONAL HELP LINES

### FAMILY AND YOUTH SUPPORT

**National Runaway Switchboard**  
800-786-2929

**Thursday's Child/ National Call Center for Endangered Youth**  
Crisis counseling and intervention  
800-872-5437/800-USA-KIDS

**Wellspace Health Center**  
Mental health care and suicide hotline  
800-273-8255

**Rape, Abuse and Incest Hotline**  
800-656-4673

### MEDICAL INFORMATION HELPLINES

**Anthem Nurse Line 24/7**  
800-224-0336

**Blue Shield of California Nurse Line 24/7**  
877-304-0504

**California Health & Wellness NurseWise 24/7**  
877-658-0305

**Baby Safe Haven 24/7**  
888-510-2229

**Drug & Alcohol Treatment Hotline**  
800-662-4357

**National AIDS & STDS Hotline**  
800-232-4636

**National Eating Disorders Association**  
800-931-2237

### SUBSTANCE AND SELF INJURY HELPLINES

**Al-Anon/Alateen Meetings**  
530-268-4558

**Alcoholics Anonymous Helpline 24/7**  
530-272-6287

**Narcotics Anonymous Hotline**  
888-423-3428

**Self Abuse Finally Ends**  
800-366-8288

**Sex Addicts Anonymous**  
800-477-8191

### VETERANS SUPPORT LINES

**US Department of Defense – Sexual Assault Support**  
877-995-5247

**Nevada County Veterans Services**  
530-273-3396

**Welcome Home Vets, Inc.**  
530-272-3300

## TRUCKEE

**Community Recovery Resources CORR**  
530-587-8194

**Community Collaborative of Tahoe Truckee**  
www.communitycollaborative.org

**Project Mana**  
Food Bank and Food Resources  
775-298-4161

**Tahoe Forest Hospital**  
530-587-6011

**Tahoe Safe Alliance 24/7**  
Domestic Violence & Sexual Assault Helpline  
800-736-1060

**Truckee Family Resource Center**  
530-587-2513

**Truckee Police Department**  
530-550-2323

**Truckee Transit**  
530-550-7451



## AGING AND DISABILITY

**FREED Center for Independent Living**  
530-477-3333

**Gold Country Community Services**  
530-273-4961

**Senior Outreach Nurse/  
Social Outreach Nurse**  
530-265-1470

## CHILDREN AND FAMILY

**Family Resource Centers  
Grass Valley**  
530-273-4059

**Penn Valley**  
530-432-1118 Ext. 249  
**San Juan Ridge**  
530-292-3174

**Friends for Survival**  
Suicide Bereavement Support  
916-392-0664

**PFLAG**  
LGBTQ community support  
530-274-1423

**Sierra Nevada Children's  
Services \_ SNCS**  
530-272-8866

**What's Up?  
Wellness Check Ups**  
Mental Health Screening for  
Teens  
530-268-5854

**Nevada County WIC  
Women, Infants & Children**  
530-265-1454

## EMERGENCY SERVICES

**Emergency**  
911

**Grass Valley Police  
Department**  
530-477-4600

**Nevada City Police  
Department**  
530-265-2626

**Nevada County Sheriff's  
Department**  
530-265-1471

**Sierra Nevada Memorial  
Hospital**  
530-274-6000

## EMPLOYMENT / TRAINING

**Nevada County Business and  
Career Network**  
530-265-7088

**CalWORKS Employment**  
530-265-1760

## SUPPORT SERVICES

### FOOD RESOURCES

**Food Bank of  
Nevada County**  
530-272-3796

**Interfaith Food Ministry**  
530-273-8132

### HEALTH SERVICES

#### CLINICS – ACCEPT MEDICAL

**Chapa De Indian Health Clinic**  
530-477-8545

**Living Well Medical Clinic**  
530-272-6800

**Sierra Family Medical Clinic**  
530-292-3478

**The Clinic!**  
Citizens for Choice  
530-521-3273 or  
800-714-8151 24/7

**Western Sierra Medical Clinic /  
Miners Family Health Center**  
530-274-9762

#### COMMUNITY

**211 Connecting Point 24/7**  
Information and Assistance  
211  
844-319-4119 – out of area

**Suicide Prevention Task Force**  
Meets monthly  
530-265-1731

#### DRUG AND ALCOHOL

**Common Goals**  
530-274-2000

**Community Recovery  
Resources CORR**  
530-273-9541

**Progress House**  
530-626-9240

#### MENTAL HEALTH

**Anew Day**  
Free faith-based counseling  
530-470-9111

**Insight Respite Center**  
530-273-0631

**NAMI Nevada County**  
Support for persons with mental  
illness and their families.  
530-272-4566

**Nevada County  
Behavioral Health**  
Adults 530-265-1437  
Children 530-470-2736  
[www.mynevadacounty.com](http://www.mynevadacounty.com)

**Nevada County  
Victim/Witness Assistance**  
Counseling for victims and  
witnesses of crime.  
530-265-1301

### MENTAL HEALTH (CON'T)

**Spirit Peers  
For Independence & Recovery**  
Free peer based support  
530-274-1431

**Western Sierra Medical Clinic /  
Miners Family Health Center**  
530-274-9762  
Accepts MediCal

### HOUSING RESOURCES

**Co-Living Network**  
530-615-1014

**Hospitality House  
Utah's Place Shelter**  
530-271-7144

**Salvation Army**  
Booth Family Center  
530-272-2669

### LEGAL SERVICES

**Legal Services of Northern  
California - Nevada County**  
530-823-7560 (Auburn Office)  
800-660-6107

**Community Legal**  
530-265-3425

**Nevada County Alcohol and  
Drug Court Programs**  
530-265-1437  
[www.mynevadacounty.com](http://www.mynevadacounty.com)

**Nevada County Mental Health  
Court**  
530-265-1437

**Laura's Law**  
Assist access to mental health  
treatment for people with severe  
mental illness  
530-265-1437

### TRANSPORTATION

**211 Connecting Point 24/7**  
Trip planning  
211  
844-319-4199 – out of area

**Gold Country Lift**  
Paratransit services  
530-271-7433  
855-341-7433

**Nevada County Transit  
Gold Country Stage**  
Fixed route transit services  
530-477-0103  
888-660-7433



MARCH 23, 2018